



The Springdalian

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مدرسة سبرينج دايلز دبي
SPRINGDALES SCHOOL Dubai



Quintessentially Indian
Innovatively International



Per ardua ad alta – Through difficulties to new heights

In the preface to this edition, I would like to move from a nautical to an aerial metaphor. The strong approval from the KHDA created the confidence we needed for a re-fit. The 'engines' now needed for our continuing development included further changes to the leadership structure, resulting in greater accountability by an extended leadership structure from KG to Phase 4 (Grades 9 – 12). A new Head, Deputy and Coordinators will be driving KG to the next stage of its development. The KHDA Wellbeing Census Report shows Springdales to be a community that rates highly across a range of indicators for wellbeing and we are developing a whole school approach to ensuring that the wellbeing of our students remains paramount.

The sails are being exchanged for wings and Springdales is on a roll down the runway gathering momentum with each week that passes. In the New Year, the school campaigned for and received permission not only to have Grade 9 restored, but also Grade 10 and 11. Springdales will soon be taking to the sky as a new academic year beckons.

The CBSE inspection team will arrive before the beginning of next term and we have a flight plan in place that will allow us to offer both breadth and depth to the CBSE XII curriculum

we will offer our Grade 10 students. We are also in discussion with Cambridge International Assessment and Examinations (CIAE) and the KHDA to introduce an alternative pathway into higher education through IGCSE and GCE AS/A2 from Grades 9 – 12. We will still be committed to CBSE but understand that parents and students would like to consider alternative curricula. This will only enrich the academic rigour of learning at Springdales.

The pages in this edition indicate that the opportunities for students to express their talents and our openness to the wider community are what set us apart. The 'value-added' to our students through participation in sports, the performing arts and high profile events like International day and the Taste of India is considerable. Student participation is an expectation in almost every level of collaboration and competition open to us and the opportunity to display traditional song and dance in Alaqa Rishtha and WAMA II, not to mention World Yoga Day demonstrates the value that should be given to our students' ethnic cultures and heritage.

Mr. Julian Williams
Principal

Talent Fiesta



"Talent can't be taught but it can be awakened."- Wallace Stegner.

"If you know you have talent, and you can do whatever you do exceptionally well, the school's "talent Fiesta" is a great opportunity for you to share your gift. All appropriate acts are welcome. Performing in the talent show is a great opportunity to overcome your shyness and gain confidence."

This note was shared with the little ones of the KG section and their parents in order to give an opportunity to the children to show case their talents as per their ability and interest in different categories like Music, Dance, Fashion Show, drawing and coloring etc. The event, "**Talent Fiesta**" took place on **Thursday, 19th January 2017** during the school hours. It was conducted to showcase the unique and inborn talents of our smart Kindergartners. Many amazing performances were witnessed; the children sang and danced joyfully. Forgetting all inhibitions, the little ones not only performed extremely well but enjoyed themselves along with the delightful audience they were entertaining. The eloquent ones boldly stepped forward and narrated poems or stories with clarity and confidence. The fashion show was a great success as the well-dressed charming participants walked the ramp and won the hearts of one and all. For the ones who wanted to display their creativity, they were given empty canvases to express their creative and artistic skills.

Overall, the Talent Show was memorable as both the performers and spectators had an eventful, fun filled day. Even at the end of the day, the children remained excited and longed for another such event to be organized soon.



DENTAL WORKSHOP

"EVERY TOOTH IN A MAN'S HEAD IS MORE VALUABLE THAN A DIAMOND".

Springdales School Dubai, held a Free Dental workshop for the students on 15th April, it was exclusively for Kindergarten students. The workshop was arranged in fitness gym .Dr. Bisma made a presentation to the children and explained how to take care of the teeth. After the presentation Dr. Bisma interacted with the Children to understand whether the concept is clear to them. The children were also excited and were answering to the question very confidently.

Over all the workshop was very good and helped in developing awareness among the children.



VAMA - II



Seventy Five select students from Grades 6 to 8 of Springdales School Dubai came together to present a musical extravaganza - Vama – II at Indian Consulate, Dubai.

Vama – II was a Dance –Drama based on Shakuntala, a story written by great Indian Poet – Kalidasa. The whole preparations for the show was done in a week's time.

The event was graced by Mr. Vibha Kant, Consul, Consulate General of India in Dubai accompanied by Mr. Julian Williams, Principal of Springdales School, Dubai and other dignitaries.

All the students were given certificates of participation by Mr. Neeraj Agarawal, Consul Culture, Consulate General of India in Dubai.

The show was highly appreciated by the parents, grand-parents and guests.





KG GRADUATION DAY

I hope your dreams take you, to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.

The notion conceived by each kindergarten teacher on that very special day i.e. "Kindergarten Graduation Day".

7th and 8th March, 2018 our young kindergarten children arrive at Springdales with their eyes flashing with excitement. Why not?? It was their day. A day led by them, for them.

The big event started by welcoming the gathering of parents by our youngsters. The event was graced by the presence of our honorable principal and the guest of honour Ex-HeadKindergarten, Mrs. Arundathi. Scrolls were given away to the proud graduates of the Kindergarten section. The young scholars expressed their hearty feelings about their Kindergarten days.

The cultural programme was mesmerising with the young graduates entertaining and enthralling the audience with their lively foot tapping dance performances representing the various regions of India.

The Graduation song sung by all the children of Kindergarten 2 rendered a message that Graduation is not the end, it's just the beginning. A touchy song, with a lot of emotions is what made the audience feel the heartiness of the event.

The Grand show concluded with the vote of thanks by one of our little graduates followed by a speech by Ms. Arundathi. She expressed her appreciation and thanked the parents for attending the show; the entire team for their hard work and last but not the least she congratulated the proud graduates as they move ahead in their academic career.

The event shall remain a mark of memory in the hearts of all the Springdalian.





DUBAI FITNESS CHALLENGE



On behalf of Springdales School Dubai family, I take this opportunity to declare that we had completed successfully Dubai Fitness Challenge program. It is indeed the outcome of 30 minutes training which resulted in a positive step in achieving our goal as per the aim set by Dubai authority. I do hope each member of Springdales family will continue carry fitness program every day to become fit as 'a healthy mind in a healthy body'.

Fitness is a state of health and well-being and, more specifically, the ability to perform aspects of sports, occupations and daily activities. Both, health and fitness are closely inter-related to each other. Both are necessary for the human being to live a happy and healthy life. There are various things we have to take care all through the

life in order be healthy and fit. There is no alternate to the health and fitness, we have to eat healthy food timely, do physical exercises daily, think positive and have patience and commitment towards good lifestyle. Being involved in physical activities on daily basis does something great to our body and mind. It makes us feel good, helps us to complete tough tasks, makes us pleasant all around and keeps us happy all time because our body releases a chemical called endorphins while we involved in the physical activities. Regular physical activities also reduces stress, improves sleep, boosts energy level, reduces symptoms of anxiety and depression, increases our self-esteem, makes us feel proud, improves confidence level and personality, etc.



WORLD YOGA DAY



The International Yoga Day was celebrated on 20th & 21st June, 2017 to bring peace, harmony, happiness and success to every soul in the world. This was a great opportunity to imbibe the value of discipline. Yoga is a mental, physical and spiritual practice that needs to be carried every day. Children got the chance to know how yoga embodies unity of mind and body. The students of classes IV- V and VI – X with the teachers performed Yoga ON 20th & 21st June 2017 respectively. Springdales. Different yoga postures like Corpse pose (Shavasana), Leg raise pose (Uttan Pag Asana), Half Plough pose (Ardh Halasana), Air Relief Pose (Pavan Muktasana), Boat Pose (Naukasana), Inverted Pose (Viprit Karni), Bridge Pose (Settu Bandh Aasana), Crocodile Pose (Makarasana), Cobra POse (Bhujangasana), Reverse Boat

Pose (Naukasana), Bow Pose (Dhanurasana), Lotus Pose (Padmasana), Head & Knee Pose (Janushirasana), Wheel Pose (Chakrasana), Chair Pose (Utkatasana), Tree Pose (Vrikshasana), Angle Pose (Konasana), finally ended with Pranayama and meditation.

Heartfelt thanks to our Prime Minister, Mr. Narendra Modi for giving an opportunity for schools to celebrate the International Yoga Day. The school is also thankful to CBSE & Consulate General of India-Dubai for initiating this under them, also for inculcating Yoga as a part of the syllabus. We would like to give special thanks to Nirvana and Heartfulness group for supporting us in celebrating 3rd International Yoga Day, 2017.





SPORTS DAY PRE-KG & KG



The school playground of Springdales School Dubai was filled with great zeal and excitement as the school celebrated its Annual Athletic Sports Meet.

The program began with an aerobic session as a warm up before starting the event.

Mr. Julian William welcomed the esteemed gathering and emphasized on the importance of sports in a child's life. Students mesmerized the audience with their energetic performances. Each class & their parents completed twelve stations which were challenging & fun.

It was wonderful to see the day to seeing participation of teachers, parents & entire students of pre-school & Kindergarten in the sports day. The parents applauded the effort of the students and the teachers for making the event a huge success.

All the students enjoyed themselves and had an unforgettable event, which came to end successfully with the vote of thanks given by Ms. Arundathi, leaving thrilling memories in the heart of each and every one present there.



SPORTS DAY GRADE 1 & 2



The school playground at Springdales School, Dubai was filled with great zeal, excitement and a frivolous atmosphere on Thursday, the 1st of February, 2018 as the school celebrated its Annual Athletic Sports Meet. Almost all students from the school participated in the event.

The Sports Day started at 8:00 am. The program began with a warming up Aerobic session before the performances.

The Principal, Mr. Julian Williams welcomed the esteemed gathering and emphasized the importance of sports in a child's life. The students mesmerized the audience with their energetic performances.

The events took place class wise. The students of each class and their parents had to compete at twelve event stations involving challenging and fun activities.

It was a wonderful day seeing the participation of teachers, parents and all the students of Grade 1 and Grade 2 in the Sports Day. The parents applauded the effort of the students and the teachers for making the event a huge success.

All the students enjoyed themselves and had an unforgettable Sports Day. The event concluded with the vote of thanks conveyed by Ms. Sheerin, Deputy Head Primary, leaving thrilling memories in the hearts of each and every one present there. I sincerely acknowledge and appreciate all the efforts the parents and students have put in, making the event a huge success.





SPORTS DAY GRADE 3-10



The atmosphere at Springdales School, Dubai was filled with great enthusiasm and excitement on Saturday the 17th of February, 2018 as the school celebrated its Annual Athletic Sports Meet.

Almost 345 students from the school participated in the event. The events were categorized into seven age categories i.e. KG-1, KG-2, Sub Junior (Below 8 years), Junior (Below 10 years), Inter (Below 12 Years), Senior (below 14 Years) and Super Senior (Above 14 Years).

The Sports Day started off at 8:00 am graced by the presence of Mrs. Jasmine Anand and the Principal, Mr. Julian Williams who were welcomed by a Guard of Honor by the NCC Cadets. The crowd applauded the NCC cadets' performance and cheered them.

A house wise march past followed as per the following order i.e. Peace, Unity, Forward and Freedom. Mr. Julian Williams officially declared the sports meet open and welcomed the esteemed gathering emphasizing the importance of sports in a child's life.

A simple Opening Ceremony, auspicated with the recital of verses from the Holy Quran followed by its translation added to the grandeur of the event.

The Sports President administered the solemn oath to the participants followed by the Torch Relay. The torch bearers were Anaya Siddique (National Judo Medalist), Ishan Zalpuri (Sports Captain), Ishika Goel & Tanvee Chandra (Gold Medalists Shot-Put), Ananya P. (Gold Medalist Long Jump), Jinit M. (Bronze medalist Long Jump) and Veera B (National Athlete).

The entire school was a witness to the outstanding performances showcased in the Judo demonstration, Callisthenic Drill (Grade 3 Students), Aerobic Drill (Grade 4 & 5 Students) and Lezim Dance (Grade 6 to Grade 8 Students). Most of the athletes participated in the popular events like Long Jump, Shot-put, 100 m, 200 m, 400 m, 800m and 4X100 m relay races mesmerizing the audience by their energetic performances.

Rayyan Sohil (KG-1), Anhad Kaur (KG-1), Advyth Janesh (KG-2), Saloni Upadhyay (KG-2), Kush Lohoti (3-E), Samaara Datta (3-A), Jinit Malbari (4-E), Anyanya Panikker (4-A), Yatharth Sharma (5-B), Subithcha Raja (6-C), Aakarsh Gupta (8-A), Johana Ann B. (8-B), Mohammed Faizan (8-A) and Kaitlyn Lobo (10-A) were awarded the Best Athletes'.

It was indeed wonderful seeing the participation of teachers, parents & supporting staff in the sports day.





ALAQA-Y.KUMAR MEMORIAL

Happiness is when what you think, what you say, and what you do are in harmony. It is not a matter of intensity but of balance, order and rhythm.

To spread this beautiful rhythm of happiness Springdales School Dubai had organized "Alaqa – Rishta 2017 – 18 on the 8th of February 2018 to commemorate the visions of Mr. Y. Kumar – "Vasudhaiva Kutumbakam" The World is a Family.

It was an Inter School event where children from various schools participated in Skit Competition and in Debate Competition.

The schools who contributed their valuable time and skills to make this event a success were:

- Amlad School, Dubai.
- Primus Private School, Dubai.
- India International School, Sharjah.
- Delhi Private School, Dubai.
- Leaders Private School, Sharjah.
- The Central School, Dubai.
- Sabari Indian School, Dubai.
- Springdales School, Dubai.

The topic for the Skit Competition was "The World Is a Family" where children performed beautifully using appropriate emotions.

The topic for the Debate Competition was: "Art as an Antidote of War" where participants aptly spoke for and against the topic.

To judge this prestigious event Springdales School Dubai had invited esteemed guests. Ms. Darshana Thakkar, Ms. Surekha Thakur, Ms. Uttara Mazumdar and Ms. Anjana Kumar judged the events.

• Ms. Darshana Thakkar the founder of "The Hive" - a space to create, rehearse, perform, jam, learn and entertain. Perfect for experimental, unconventional & intimate art experiences and a successful show producer for theatres like "The Sherlock Holmes", The Miracle Worker-Story of Blind, Dump and deaf Girl Helen Keller etc was requested to judge the Skit Competition along with Ms. Uttara Mazumdar who is a Sangeet Prabhakar, Diploma in Hindustani Classical Music from Allahabad and simultaneously from Viswa Bharati for

Rabindrasangeet. She has also been a teacher for the subject of Social Studies in various schools both in Dubai and in Singapore.

Ms. Anjana Kumar a reporter with Xpress, a sister publication of Gulf News and a three-time media award winner was requested to judge the Debate Competition along with Ms. Surekha Thakur an ardent Toastmaster and an Area Governor in 2014-15 and Division J Director for the year 2015-16. She had managed 30 community and corporate clubs during her tenure.

Dr. Ranendra Narayan Saha is Senior Professor of Pharmacy and Director of BITS Pilani Dubai Campus. In 2011 he has been awarded Shri B. K. Birla and Shrimati Sarala Birla Chair Professorship at BITS Pilani for contributions in teaching and research.

Dr. Ranendra Narayan Saha A Senior Professor of Pharmacy and Director of BITS Pilani Dubai Campus and Shri B. K. Birla and Shrimati Sarala Birla Chair Professorship awardee at BITS Pilani for contributions in teaching and research was the Chief Guest for this event along with Mrs. Jasmine Anand the Co-Chairperson of Springdales School Dubai.

The event started with the recitation from the Holy Quran, followed by the Lighting of the Lamp, and a welcome speech by the Principal, Mr. Julian Williams. Thereafter judges for the two respective events were duly introduced and acknowledged with a small token of thanks. A draw of lot was then organized to start the event.

Springdales School Dubai secured the first position in Skit Competition followed by The India International School, Sharjah securing the second position.

The Central School, Dubai secured the first position in Debate Competition followed by Delhi Private School, Dubai securing the second position.

It was an eventful day where each and every participating schools along with the esteemed guests enjoyed thoroughly and looked forward to take part in many such events organized by Springdales School, Dubai.





INTERNATIONAL DAY & TASTE OF INDIA



International Day is an opportunity to bring fun into learning, and to bring the huge number of nationalities we have in school together, allowing the students to teach each other about a variety of cultures. International Day is held each year celebrating our students' role as global citizens. The day broadens students' horizons and affords opportunities for them to learn more about their contemporaries' cultures, food and languages, while forming a greater understanding of their own in the wider community.

The day included a special exhibition at which parents, SAWA, merchandisers and students host stalls with displays, food and music. Students are also availed the opportunity to participate in a wide array of sampling activities and learning new skills. A stall by SAWA with paper bags and art work made by the students was a

platform for the creative minds to display their talents. The chocolate stall, 'Heavens' set by our Grade 11 student, Irum staged the opportunity provided for budding entrepreneurs at Springdales. Workshops and activities included making international street food, djembe drumming, and trampolines at 'Bounce', Latin dancing, Islamic design and African art. The culmination of the eve was a showcase of primary students' dance and singing on stage. Various dance forms of different countries was presented by the Springdaliens. The showcase ended with a parade of the most impressive costumes on display.

It is very important that we not only celebrate the mix of nationalities that we have at the school but also encourage the children to learn more about other cultures.









ZAYED PAINTING

Our Springdalian artists of grade 4, 5 and 6 participated and created masterpieces in the Zayed Painting Competition which aims to celebrate the Life, Legacy and Values of Sheikh Zayed and to mark the 100 years of birth date of Sheikh Zayed, the competition aimed to enhance the creativity of all participating children and appreciation on art towards the community. Students created beautiful artworks depicting Life, Legacy and Values of Sheikh Zayed. Students learnt and grew with art, enhancing creativity, out of box thinking and imagination. Students witnessed the artworks of their fellow students and got diverse ideas enhancing knowledge and creativity.



www.springdalesdubai.com



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