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The Springdalian

Vol - 5, Edition-2



مدرسة سبرينج دايلز دبي
SPRINGDALES SCHOOL Dubai

A group of six children, three boys and three girls, are standing outdoors in front of a building with palm trees. They are all wearing traditional Middle Eastern clothing. The boys are wearing white thobes and ghutras, and the girls are wearing black abayas and headscarves. The image has a warm, reddish-orange tint. A white rectangular box is overlaid on the center of the image, containing the text "Quintessentially Indian Innovatively International".

Quintessentially Indian Innovatively International



For a Principal who is used to the long summer break dividing one academic year from another, it is still somewhat disconcerting to find that just two weeks separates the outgoing from the incoming. Hardly time enough to refuel, clean the cabin, perform a checklist for air/sea worthiness and meet the new aircrew, embarking the passengers, looking at the flight-plan and KHDA/MOE weather report, wondering if I have time to answer a call of nature before taxiing to the runaway and opening the throttle.

It doesn't matter whether the analogy is flying a plane, rally driving or sailing the oceans, time does not stand still for school journeys either and if we are ever fortunate to be ahead of the curve, you can bet that it will not be for long. We aim to be proactive, but end up reacting to new challenges, adjusting course to navigate uncertainties and new opportunities, while ensuring that the passengers are happy, wherever they may be sitting.

Shortly after take-off we were lifted by the news in early May that Grade X has achieved 100% pass rate in the CBSE Board exams for the 2nd year with Chyavan Bhat achieving an overall score of 93.4%. Overall value-added was measured at a respectable average of +2.3 against CAT4 stanine start-points.

In terms of out of school events, in April we saw students participate in number of learning opportunities outside of school, including the UAE AI Camp, the Ana-vation Robotics Championship – taking 3rd place, the first KHDA Student Wellbeing summit and our Head Boy and Head Girl presenting to teachers at the KHDA What Works: Tolerance on the school's development of Restorative Justice to assist in the resolution of bullying and conflict. Students met with author Stuart J. Murphy at the Sharjah Children's Reading Festival and we very much enjoyed the visit by Savio Mascarenhas, the visual art director at Amar Chitra Katha India's largest comic book series. On Earth Day, students took part in both the Environmental Quiz and Sustainability Poster competitions organized

by the University of Sharjah. Our teams performed with credit in both Inter-school Cricket and Football. In May, we took part in the Goa Super Cup, re-establishing our sporting presence again outside the UAE. In June, students participated in the biggest swimming competition at Wild Wadi Water Park.

Events that took place in school in April include Annual Prize Day with the new stage set and lighting. In May, we enjoyed the formality of the Investiture Ceremony with new prefectural positions being created to include Inclusion Champions to support our Determined Learners, prefects for Innovation and Enterprise and recognition of the school's achievement in being awarded Green Flag status for student-led work on environmental conservation. We also saw Literacy Week and a health talk to Primary Students on the importance of personal hygiene. The school's Art Department capitalized on its accolade of being adjudged among the UAE's top 7 Art Schools by Schools Compared.com and held Art activities during Ramadan. The school was active as usual in the Zakat Collection Drive and we hosted the school Iftar Party just before the Eid break. In June, there has been Green Week with participation across the school from KG1 – G12 culminating in World Environment Day. There has been an environment colloquium for G9 –G12 which also paved the way for a re-launch of our school MUN. Fathers will be pleased to know that they were celebrated for Fathers' Day in KG. We have since molded mind, body and spirit, celebrating International Yoga Day. There has been a workshop on professional and real-life interaction for G10 – 12 students and even as I write, we are about to launch Science Week, Bake Sale Day and have just held the Student Voice elections. KG will put on Choral Recitation and be involved in a much-valued visit to the Old People's Home.

How we find the time to teach, learn, assess progress and attainment and provide a full range of learning opportunities across the school for students (and staff) to enjoy is a credit to the dedication of the teachers, administration staff, middle and senior leaders – students, and yes, their parents too. The flight plan and destinations are included in these pages. Please fasten your seat belts as we descend for the summer break.....

Kindest regards

**Julian Williams
Principal**

Teacher's Day



Teaching is a very noble profession that shapes the character, caliber, and future of an individual. If the people remember me as a good teacher, that will be the biggest honour for me -A. P. J. Abdul Kalam. Teachers’ Day was celebrated on, Thursday - 5th September 2019 in Springdales School, Dubai with great fervor.

On this auspicious day for teachers, the children arrived with lot of zeal in their hearts and love in their eyed for their teachers and wished them lovingly on their special day. Each child had put his or her feelings in a handmade card lovingly made for teachers. The objective is to remember and remind the crucial role teacher’s play in moulding students’ life and careers.

The higher grade children performed for their teachers and the teachers tapped their feet and appraised the dances and the songs. Teachers were overwhelmed by the revelation the students gave them. They were touched by the warm gesture made by all the students of the school as they made each teacher feel special on this day. After the wonderful event by the higher grade, the teachers were surprised by the senior leaders and management of the school. Besides the personal wishes, a sumptuous lunch treat was like an icing on the cake and the cherry on the top was the flower presented to each teacher for their conscientious and diligent effort to make Springdales a “Happy School”.

Lastly and most importantly, Ms. Rashmi Virmani, HeadKindergarten, shared a few words of encouragement for the teachers and acknowledged their hard work and efforts towards the wellbeing and holistic academic progress of our students.

It was truly a proud day for the teachers to float in the love and attention they received from their students and from senior leaders and Management as well.











Parent Information Meeting

We at Springdales consider our parent community as our TEAM members.

TEAM – Together Everyone Achieves More

Parents are equal partners with the school to foster learning. Keeping this in mind, the PIMS (Parent Information Meeting Session) workshop was organized to provide information to the parents regarding the four language skills – listening, speaking, reading and writing.

The four language skills which facilitate language learning are interconnected and cannot be taught independently. Hence the four skills were discussed one after the other with the parents so that they could guide their children in a similar manner. Activities were conducted for parents and the importance of the four language skills in teaching and learning was shared. Parents enthusiastically took part in all the activities. Their eagerness and involvement made the session very interactive.

At the end of the session the queries of the parents were solved pertaining to the topic and web links related to the topic were shared with them.



EDU SHOW

To prepare our little ones as learners for life, Springdales school provided a platform - "Edu Show" for the young learners to share their learning with their friends. Edu show is the effort aimed for project based learning among Kindergartners.

The "Edu Show" was organized on 16th and 18th September, 2019 for KG 2 and KG1 respectively during school hours. Children showcased their summer projects with utmost confidence and pomp. They were excited to share about what their project was and how they made it. They spoke about their project with great pride. They asked many questions and shared their knowledge with their peers. The children confidently shared ideas behind the project to their peers. It was a proud moment for the teachers to watch the little ones endeavor to learn and showcase their learning.







ARABIC WEEK



In line with National Agenda to enhance the role of Arabic Language and 'National Identity' amongst children, Arabic week was organized in the Kindergarten Department on 26th September, 2019. The event was conducted and hosted by Ms. Rawand. Children of KG 1 were engaged in interesting activities pertaining to UAE involving exposure to basic Arabic words, greetings art and craft , coloring, etc. throughout the week. KG2 children practiced different activities like Arabic dance, skit, Arabic numbers, Arabic letters, Arabic song during the week.

The week-long celebration culminated with young kindergarteners dressed in Arabic traditional outfits and the colors of the UAE Flag. The enthusiastic children of KG2 performed for the KG1 children with great zeal and vigour. It was a fun filled learning for our little kindergartners about the culture and customs of UAE.



FITNESS CHALLENGE



Dubai Fitness Challenge launched in 2017 challenges everyone in the city to complete 30 minutes of activity a day for 30 days. The 30-Day Fitness Challenge is designed to work every major muscle group in your body—every day.

Being active is not just about moving; it's about challenging ourselves to maintain the healthiest lives possible by focusing on our physical, emotional and mental wellbeing.

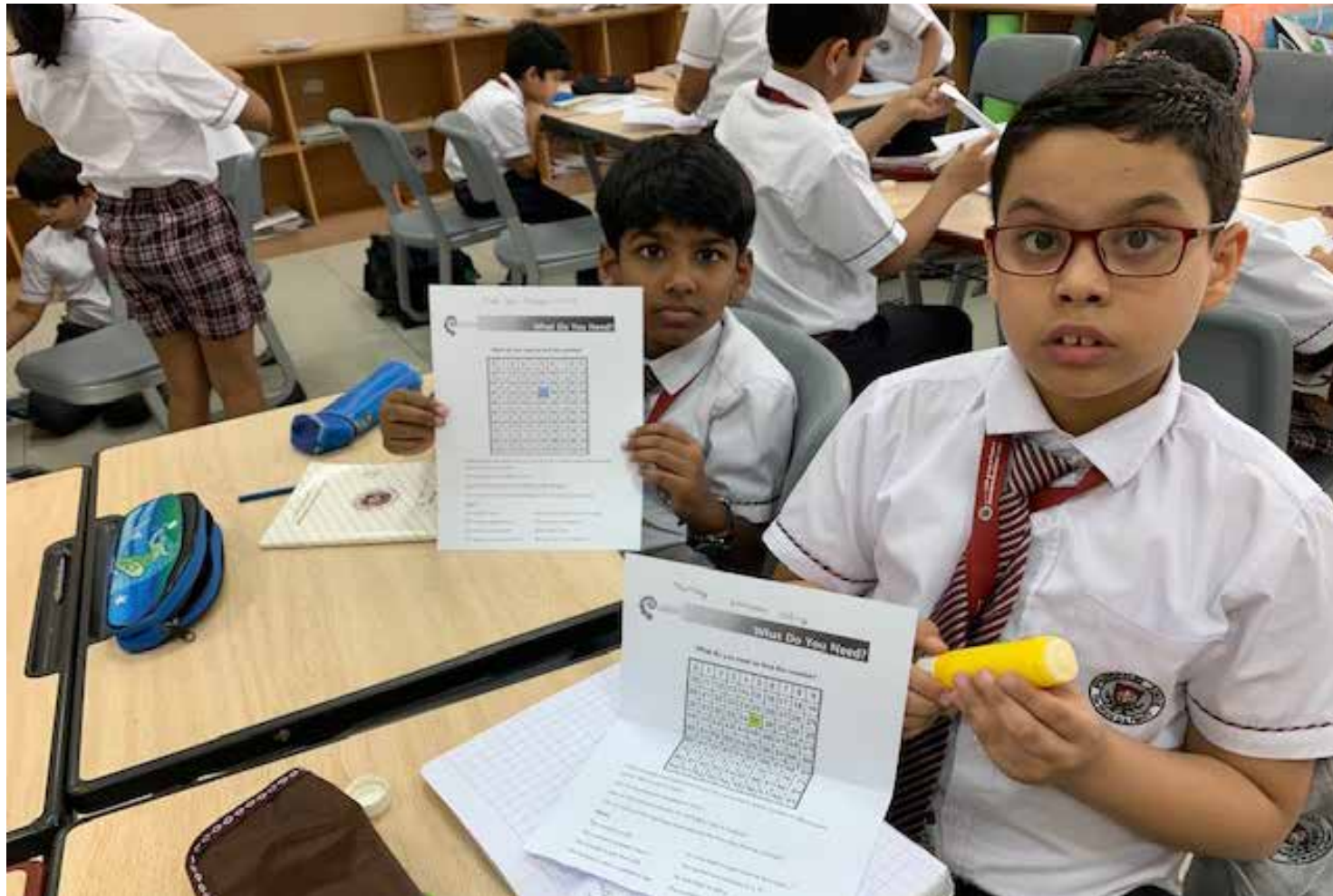
The Kindergarten department at Springdales commenced their Fitness Challenge event from the 20th Oct, 2019 for a month for the sporty Kindergarten children. The young kindergarteners got an opportunity to boost their energy level and strength. The children are involved in a lot of different activities like Aerobics, Yoga, Stretching exercise, Zumba while having fun with friends.

They are doing different activities like Aerobics, Yoga, Stretching exercise, Zumba.
Learning Value: The goal is to get you stronger, fitter, and healthier in a month.





MATH DAY



"Pure Mathematics, is in its own way the poetry of logical ideas"

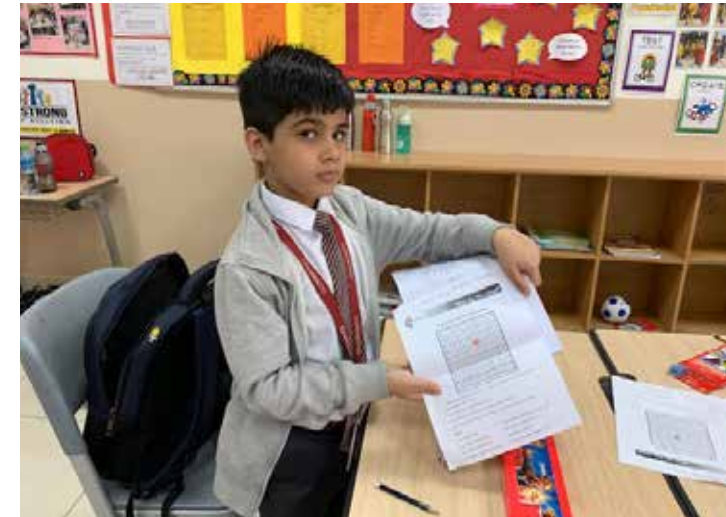
Math Day is a fantastic opportunity for children to engage in math activities, which they may not normally get a chance to experience in a normal lesson.

Math Day was celebrated with great enthusiasm and interest across Springdales School. Students of grades 1-5 applied their mathematical skills in a variety of problem solving activities. The aim of these activities was to enhance students' basic computing skills. Some students prepared presentations on the importance of Math Day, shared information about the famous mathematicians of the world as well as the prominent Indian geniuses. The importance of math and how the use of math makes our life work smoothly, was the highlight of the event.

Over the course of periods, the whole school participated in different Math activities designed to challenge their thinking and develop their math problem solving skills. These activities included:

- Usage of interactive boards to solve number puzzles.
- Number activity which involved number selection from a group of numbers according to largest/smallest even/odd, multiples etc.
- Recognizing number sequences
- Combining numbers with artistic creativity
- Problem solving strategies – Nrich puzzles
- Board games
- Tower of Hanoi
- Brainvita
- Probability
- Estimating angles and many more







Hindi Divas celebrations-2019



A language is what binds and connects people and it was with great pleasure that we celebrated the language that we are born into. Hindi divas falls on the 14th of September. We at Springdales celebrated it from 10th to 12th September.

All students from grade 1-5 were involved in the celebration. They had done different activities based grade wise. Participation was 100%.

Handwriting competition Grade 1-5
Grade 1- Hindi Alphabet
Grade 2- My favorite person
Grade 3- poem recitation

Grade 4- State of India

Grade 5- My favorite public figure

The children really showed enthusiasm and had prepared well and we could see the efforts put in by the parents to help their children. It was successful event which was carried out in their respective classes. The essence of the language and its beauty was well depicted by all the children.

Children of Grade 4 Sang songs during the break time to enhance the feel of Hindi Divas.





READATHON - 2019



As the saying goes that "If you don't like to read, it means you haven't found the right book."

And we feel proud to say that Most of our students have found the right book and few are still in pursuit .To sustain the interest in reading and help find the right book Springdales School had conducted the 3rd year of Readathon Competition on the 16th and 17th of September, 2019.

This event gave an opportunity to read a story with a group of classmates. This experience helped the students overcome apprehensions while reading or facing an audience. The session proved to be entertaining and enriching. Both the Categories that of Grade 1 & 2 / Grade 3,4 & 5 were judged by English Teachers and member of FOSS. It was a wonderful event where we witnessed our young creative geniuses perform with grace and confidence.





Annual Day

The Annual Day is the biggest and the most important occasion of the year. In Springdales we believe not only in bringing out the best but showcasing the same in a larger than life scale. The Primary team proudly presented two "Musicals" for the Annual Day , Grade 1 & 2 with " The Jungle Book" and Grade 3 , 4 & 5 with " Aladdin".

The magnum opus was conceived and was presented with a lot of dedication and joy. We wanted to challenge and showcase the talent of our students, as is the Springdalian policy, we aim for the impossible. The " Musicals" were flawlessly presented by our own young talented Springdalian which was much appreciated and loved by the parents.



















Children's Day



"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow." - Pandit Jawaharlal Nehru

Children are innocent, children means mischief, but children bring a smile to one's face. One of the most treasured possessions on earth; children are loved by one and all. Thus, Children's Day is celebrated to commemorate the healthy growth and happiness of children.

Children's Day is celebrated to commemorate the birthday of Pandit Jawahar Lal Nehru fondly known as Chacha Nehru by children.

In Springdales School, Dubai our utmost responsibility and possession is our dear children, and to celebrate this special day, all member of staff performed for the students.

Teachers of Grade 1 to 5 showcased their love and affection for the students by making them feel special. There were wonderful performances done by all the teachers that included music , dance drama , fashion show etc. The children were very excited and felt appreciated and loved.





HINDI DIWAS

Hindi Diwas is celebrated on the 14th of September every year. Springdales School Dubai celebrated Hindi Diwas with full joy and with all the hard work put in by the students and teachers. The event included Dance, Choir singing, Poem recitation, act and lots of fun with the environment full of enthusiasm. Grade 9 to Grade 12, had put in great efforts in collaboration with their teachers to make this big event a grand success. Springdales School Dubai respects every culture and language and makes every day a memorable one for all. The event was full of jokes, puns, and each and every moment was lively and enjoyed by all. The importance of language 'Hindi' and the small story behind celebrating this day was successfully delivered to all the students with due respect.



'INJAZ - Entrepreneur Camp'



Entrepreneurship is the activity of developing, organizing and managing a business as well as taking on financial risks in order to make profit. INJAZ UAE is a member of Junior Achievement Worldwide (JAW), regionally known as INJAZ Al Arab. JAW is one of the world's largest non-profit business education organizations, reaching over 10 million students a year in 121 countries. It serves as a nexus between the business community, educators and volunteers working together to empower young people to own their economic success. The students, at Springdales School, Dubai, had a worthwhile opportunity to interact and learn during an Entrepreneurship Programme conducted by INJAZ, in the Multi-Purpose Hall of their school.

The event was held on the 15th of September, 2019, in which all the students of Grade 8 had proactively participated. After an introduction by the presenters in which they explained the importance of entrepreneurship and its different aspects, the session got rolling with a game of 'Bingo with a Twist'. Following this game, the students were given a short break for refreshments. The workshop continued after the break, with a productive seminar on how to start a business. Some of the important steps that students learnt are:

- How to decide on a company name and logo?
- How to decide on which product to sell?

- What name to be given to the product?
- What should be the capital cost incurred?

Students were divided into different groups and were asked to create business prospects amongst their respective teams. The time allotted to them was one hour during which they had to come up with an idea, create a poster – including all the aspects taught to them and present the same before everyone. These students' groups competed with each other to create the most lucrative business proposition. Two teachers from the school's teaching staff and one of the presenters from INJAZ UAE were invited to be on the judging panel. After determining the winner (a group from Grade 8B), they concluded the workshop with a feedback on the session.

In conclusion, the day turned out to be a very good learning experience for the students of Grade 8. The entire day's seminar enhanced the entrepreneurship and oratory skills of students while engaging them in fun activities. In short, it was a success.

Report by: Gayathri Iyer Srinivasan and Shreyah Jain (Grade – 8B)





AN INITIATIVE TOWARDS ENTREPRENEURSHIP



On September 22nd, INJAZ conducted an innovation camp for the students of grades 9, 10, and 11. This campaign focused on helping the students to come up with an innovative product and pitch in their business ideas and become future entrepreneurs. The event took place at the Multi-Purpose Hall of the Springdales School Dubai, from 8:30 am to 1:30 pm, and was a refreshing experience. Approximately 100 people were present at the MPH, including students, teachers and volunteers. During the campaign, students were separated into groups and were made to answer interesting quizzes, play games, and market the product idea they came up with, using the help of a technique known as "Elevator Pitch".

Workshop Schedule:

Session 1: 8:30 a.m. - 10:30 a.m.

- Opening ceremony & warm up activity (Bingo!).
- Formation of teams
- Public speaking: Introducing team number, name and characteristics.

Break 1: 10:30 a.m. - 10:50 a.m.

Session 2: 10:50 a.m. - 12:15 p.m.

- Learning the term 'Entrepreneurship & Innovation'
- Enquiring the attributes of an entrepreneur.

- Learning more about the 4P's (Product, Place, Price & Promotion) of marketing.
- Participants on action!
- Coming up with a business plan and feasibility study for an innovative start-up.
- Designing logo and tagline for the start-up.
- Designing a poster to promote the start-up.

Break 2: 12:15 p.m. - 12:35 p.m.

Session 3: 12:35 p.m. - 1:55 p.m.

- Teams promoting their products in an 'elevator pitch' for 2 minutes.
- Teams answering questions asked by judges and opponents.
- Announcement of winners.
- Closing ceremony.
- The camp was a huge success since it ignited the sparks of entrepreneurship in the minds of future generation.

Written by
Yuvesh Athreya (IIB)
Murshida Begum (IIC)





Stress Buster Talent Day



If I had to summarize Talent Day with 3 emotions experienced by students, it would be; Stress, determination, and joy. Stress came from those who were up next to perform on stage, determination came from those who prepared a lot for their activity to win in their respective category, and a joyful atmosphere was created by all the 9-12th grade students who enjoyed witnessing and participating in the special event as a whole.

The day started out with the senior school student council students, running back and forth between the assembly and school building for the final preparations of the stage and to ensure there are no inconsistencies that need to be addressed (which there was). Once that was accomplished,

we had all the participants change into their colour clothes and everyone headed to the assembly with excitement (at least those who weren't participating, the others panicked). I was responsible for the backstage work, therefore I had personally seen all the 'minor' problems and confusion going on then. While the other two student council members were responsible for setting up the stage as required by each participant, I on the other hand, was responsible for keeping the participants arranged and ready for their turn. Surprisingly, getting the participants arranged and silent was really easy, getting their confidence boosted right before their performance was not (in other words, students will listen to you more when they are stressed). So I ended

up giving 70% of them a 'morale boosting talk' which somehow worked, especially when the audience was very supportive and encouraged every single one of them!

The performances were amazing as well as entertaining. There was a huge variety of talent displayed by the performers which included; solo/group dance, solo/band singing, comedy skits and more. While some performers were already known to be great in their respective talent, there were so many more students who displayed amazing skills but never told anyone else about their hidden talent.

At the end of the event, almost everyone left the assembly hall with a smile on their faces, while the others were busy taking selfies.



SSDMUN



On 17 October 2019, Springdales had conducted its first MUN conference. The conference had nearly 30 students who became delegates and participated in 2 committees. The committees present at the conference and their respective agendas were:

United Nations Human Rights Council

Agenda: Protecting and Promoting the Rights of Women and Children in Armed Conflict

United Nations Economic and Social Council

Agenda: Addressing the issue of unemployment due to technological advancements

The students over the day engaged in a constructive and moderated debate on their agenda and were able to provide viable solutions to the problem in hand. The delegates of the Economic and social council engaged in a crisis simulation and were able to propose and implement measures within their portfolio.

The delegates of both committees were awarded prizes of "Best Delegate", "Outstanding Delegate" and "Honorable Mention".





A Memorable Trip to the Gurudwara



We started the 13th of November 2019 with a joyous zeal inside our bodies as we boarded our yellow buses, ready to spend a day in the Gurunanak Darbar, Gurudwara Dubai. Students from Grade 7-12 from Springdales Dubai and DPS Dubai were flocked in to ensure 550 kids witnessed the event as we celebrated the 550th birthday of the founder of Sikhism, Guru Nanak Ji.

We were greeted with smiling volunteers who ushered us to fancy tables with water, fruit juices and dates waiting for us. The program was kick started by the founder's wife introducing the special guests invited of diverse nationalities and asked them to share their kind words on this occasion. 2 movies, each of duration of 20 minutes were shown to us that detailed the wondrous acts of Guru Nanak.

We learnt how he campaigned for the oneness of mankind at a time of increasing inequality of religious segregation, slavery and caste discrimination. He preached against gender discrimination and sought to improve the respect of women becoming one of the earliest feminists. He was also the second most travelled person in history, generating different names in different culture i.e. Nanak Peer in Afghanistan, Nanak Rishi in Nepal, Baba Nanak in Iraq. I think I speak for all when I say we were quite moved and had a whale of a time. We departed from the venue after we ate the delicious lunch and ice cream provided by them.

Written By
Jitakshara
10A



A Filed Trip to Aventura Adventure Park



25th November 2019 students of grade 6 to grade 12 were taken to the Aventura Park for an educational and physically rejuvenating field trip. The trip was well organized. The plan went as follows:

- 08:30am: Departure from school
- 09:30am: Arrive at Mushrif Park Gate 1, Aventura Park
- 09:45am to 13:30pm: Training, activities and circuits
- 13:30PM to 14:30pm: Lunch time
- 14:30pm: Departure
- 15:30pm: Back to school

The training and the activities were well conducted First, the students were shown a 7 minutes instructional and safety video regarding the rules of the park ,with the help of the coaches and the instructions kids were independently able to cross obstacles and zip lines safely. Team building exercises were also conducted which helped students develop coordination, chemistry and leadership skills.

Not only was the trip educational but also extremely fun and all the students enjoyed Aventura park.





Annual Day Report



Our Annual day was on the 12th of December. It was a spectacular event with different dances, melodious singing and amazing speaking. To start with we all had stay backs. Our teachers were allotted different groups of students for respective dance training. Our theme for the Annual Day was "BEYOND BORDERS- A TALE OF TOLERANCE" Since the theme was related to tolerance, all the dances had a specific color. The different colors were represented by each of the anchors who boasted about themselves, trying to prove that their color was the most amazing and perfect by all means. Towards the end however, WHITE which is the matriarch of all colors united and brought together each color.

The final performance was by grade 9 students, a dance emphasizing the importance of unity in colors.

The parents loved to see their children performing beautifully on the stage and the students also had a mesmerizing time projecting their talents in front of their parents. Overall the students had a wonderful time practicing for the Annual Day and I am sure that all the students including me would love to be a part of such a scintillating show again and again.

NAIRA KHAN (6C)

















Whole School

Protect Your Mom Campaign' 2019 - An Awareness on Breast Cancer



"Cancer may have started the fight but I will finish it." "When fear knocks let faith answer the door."

These are a few inspirational lines told by people suffering through cancer showing their positivity and their inner strength. Last year the PROTECT YOUR MOM campaign was a major success and we were nowhere going to stop the legacy. It was finally October, the month of cancer and the student council body decided to take up the initiative of doing something different for the awareness of breast cancer. Unlike last year we planned not to donate hairs. There were time constraints and inspections were knocking on the door. The student council members came up with various ideas and decided to have activities going on the whole day for different grades. As usual the students of grade 9 to 12 were told to wear pink dresses with a pink ribbon as a mark for breast cancer.

The events were organized on 10th of October. There was an assembly set up by the senior students in the form of a skit for spreading the awareness of breast cancer among the students. Students were asked to repeat the oath for breast cancer after the emotional assembly put up by the students. The senior students were given a question to which they were to answer on a pink butterfly paper. The students of primary, mostly grade 1 and 2 were taken to the art room where they placed their handprints on a white paper. This white paper was then formed into a cross and placed on a board. Students came up with different hashtags for the day such as #pinktober and #swithonthesunshine. Last year the students had made a human cross wearing clothes of different colors related to different types of cancers.

This year the teachers and the admin staff were asked to wear pink dress and form a human PYM. Each student was asked to wear a pink ribbon. In different ways the Springdaliens tried to create awareness in different possible ways.... Overall it was a very successful and an emotional event for the auspicious day.

"The devil whispered in my ear- you are not Strong enough to withstand the storm. Today I say, I AM THE STORM"
Switch on the sunshine springdaliens and keep the good work on.

Parth Rathor
12 A



Prism 2019

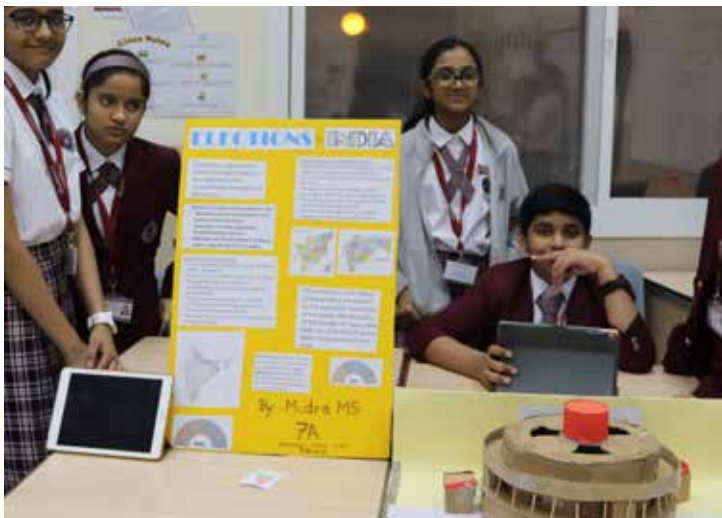
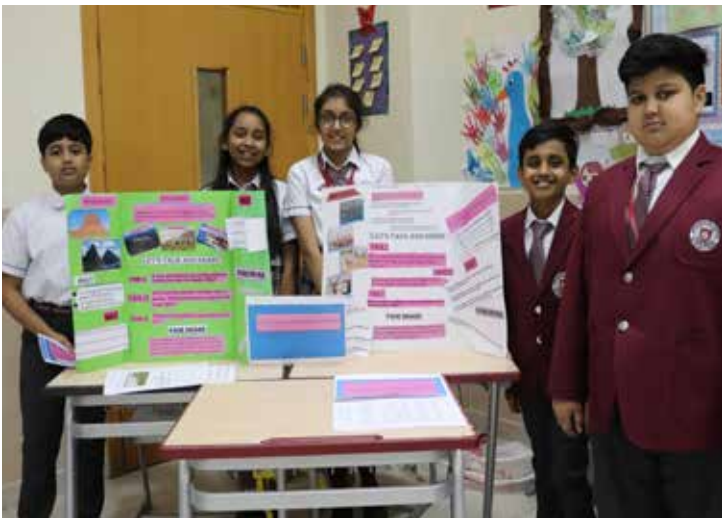
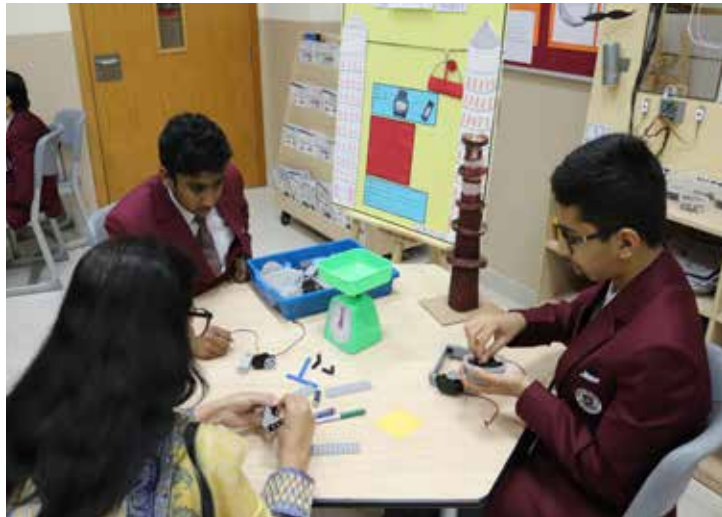
"Reflection is the key to Student learning", and truly so PRISM is one of the events that showcases students reflection of learning and understanding.

We in Springdales school Dubai, not only believe in imparting High Quality Education but also to groom our young Springdaliens to be humane, rational, creative adaptive, caring and thinking beings.

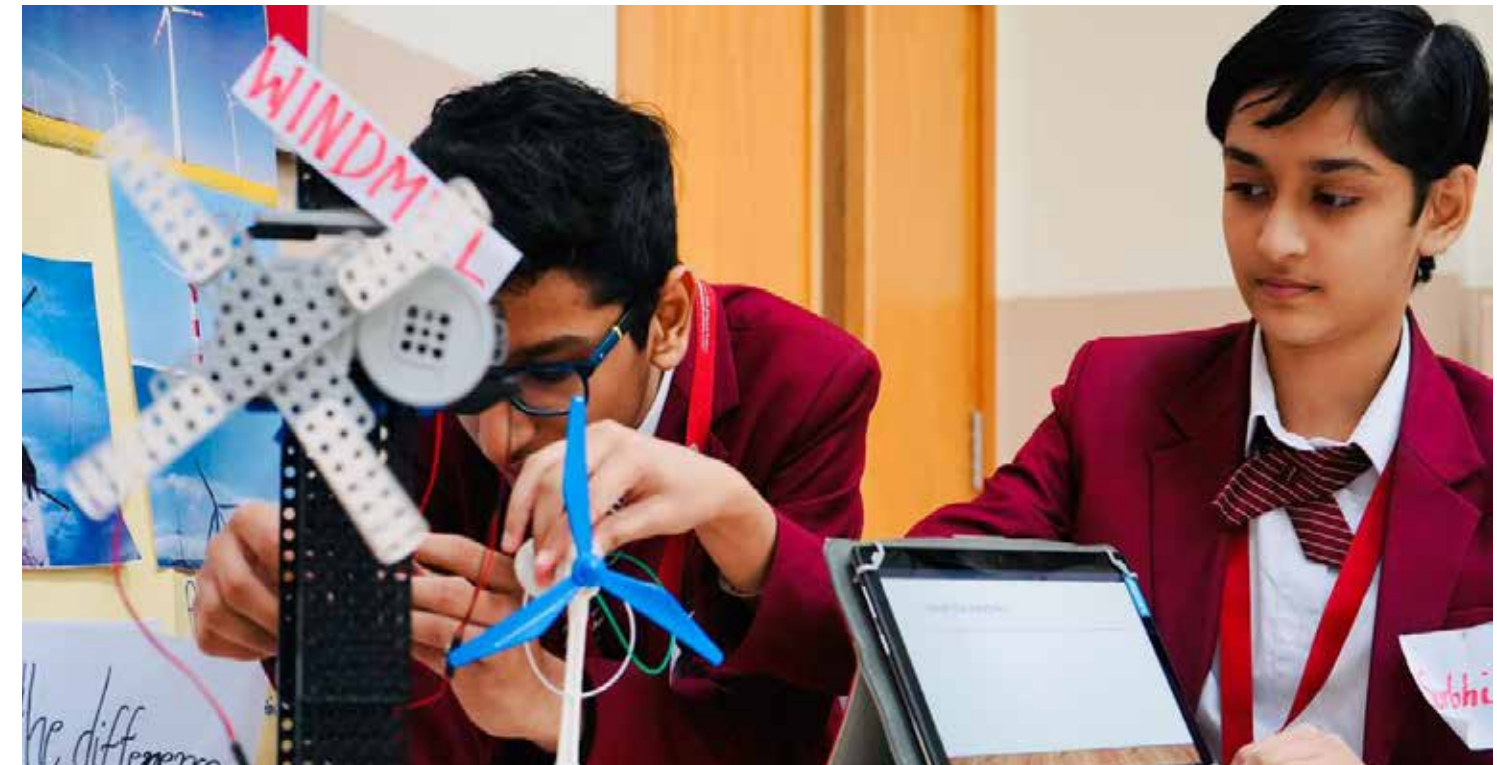
To celebrate the creativity of our students and their approach towards exhibiting their learning and understanding we celebrated PRISM 2019 where students from Grade 1 to 8 showcased their talent of presenting their knowledge of subjects to the parent community.

It was an eventful evening which was cherished by everyone.













COMMEMMORATION DAY 2019



"Albert Einstein rightly said, 'Only a life lived for others is a life worthwhile.'"

Commemoration Day is a national occasion to remember the ultimate sacrifice of the noblest sons of the United Arab Emirates who sacrificed their lives for this dear country so that its sons and all those who live in it can enjoy prosperity, security and peace. On this glorious national occasion, we pay tribute to the martyrs, who will forever light our way towards the bright, safe and prosperous future we seek.

A thoughtful morning was celebrated at Springdales, as the whole school took part in the Commemoration Day ceremony through different activities. The UAE flag was lowered by Principal Mr. Julian Williams at 11.30am and the school stood for a minute's silence, to reflect on the sacrifices made by Emirati soldiers, both past and present. Following this, the UAE flag was raised to full mast and we joined together in singing the National Anthem.





Health & Safety Initiatives

Awareness on obesity



“Health is Wealth”, it is truly said so as health is the capital asset we have and it is our responsibility to take care of this asset.

In the fast life that we lead today we are prone to things that are instant and quick and we often opt the same for the food as well forgetting the consequences it might have on our body.

Today the roaring danger among children is Obesity. Children become obese due to variety of factors and food habits is one of the major reasons behind it.

Addressing Health issues has been of prime importance in

Springdales School Dubai as a part of Student Wellbeing . Therefore the Health Talk session was organized to spread the awareness of obesity among young children and the choice of healthy food over junk food which would help them have a healthy future.

Children thoroughly enjoyed the session and were interested in answering questions.

There was high level of interaction and involvement and all of them displayed interest in putting into practice all new knowledge that they acquired.



NUTRITIOUS SNACKS MAKE YOU SHINE

cereals give us the energy needed for daily activities
A cartoon was shown which excited the children.
Games were conducted which children enjoyed thoroughly.
The games were to reinforce how food influences memory, strength, freshness and mood.
Children were eager to answer all questions asked.
There was high level of interaction and the talk went on well.



Step into womanhood - An awareness on Puberty



POINTS DISCUSSED

- Body and mental changes during puberty
- Menstrual cycles
- How to maintain hygiene during periods
- How exercise is possible even during periods

Demonstration was done about how napkins absorb blood and that it should be changed after 6 hrs. Children were taught the right method of using and disposal of napkins.

Questions asked by children

Is it normal if periods do not come for long after first episode?
If periods occur after 21days, should the doctor be consulted?
How much blood is lost during periods?
It was highly interactive and useful for the girls.

Dental Check up in association with ICARE Multi Speciality Clinic

Dr Deepa nair had examined all children from these grades and individual advice was given in the check up form which was sent home with students to be shown to their parents. A copy of the advice from the doctor was also attached in the medical record of the child in the clinic. The event was organized well and all children cooperated with the oral examination.



Healthy Food Choices

The KG2 and grade 1 children had come to school canteen with money from home to buy foods of their choice. They were given a health talk by school doctor about.

- Why to make healthy food choices
- How to choose healthy food
- How the right food would help us
- What would happen if we do not choose better food stuffs.

It was an interactive session and all children participated actively



Eye Check up in asociation with Icare multispeciality clinic

Dr Anjini Gupta had examined all the children from these grades and checked the values given by optometrist for each child and gave appropriate prescription for each child which was sent home. The prescription is also filed in their medical records.

Many children were identified who had refractory error and were advised further evaluation. The camp was very useful for the students and they interacted well with the clinicians. The whole event went on smoothly.



Art Corner - Springdalian Expressions through art

Traditional Tribal Masks



Traditional Tribal masks are one of the elements of great art that have most evidently influenced Europe and Western art in general. In the 20th century, artistic movements such as cubism, fauvism and expressionism have often taken inspiration from vast and diverse heritage of Tribal masks.

Our Students created black and white masks inspired from traditional tribal masks innovatively thus learning light and dark, shade and contrast in art.



Gandhi Jayanti celebrations

Our Springdalian artists of grade 9 and 10 designed and created wonderful posters to celebrate Gandhi Jayanti on 2nd October to mark the 150th birth anniversary of Mahatma Gandhi

HIGHLIGHTS OF THE ACTIVITY:

- Students created wonderful posters to honor the birthday of the Father of the nation, Mohandas Karamchand Gandhi, popularly known as Mahatma Gandhi
- Students learnt and grew with art, enhancing creativity, out of box thinking and imagination.
- Explored different aspects, mediums, styles of paintings.
- Students learnt how to become divergent thinkers, become open minded.
- Students witnessed the exhibits of their fellow students and got diverse ideas and methods to create artworks.



Healthy Diets for a hunger free World

Springdalian students celebrated and created wonderful posters on the theme 'Healthy diets for a hunger free world' to celebrate World Food Day on 14th October 2019.

HIGHLIGHTS OF THE ACTIVITY:

- Students created wonderful posters on Healthy diets for a hunger free world to celebrate World food day.
- Students illustrated their ideas of what needs to be done to make healthy diets available for everyone and how to improve diets.
- Students learnt and grew with art, enhancing creativity, out of box thinking and imagination.
- Explored different aspects, mediums, styles of paintings.
- Students learnt how to become divergent thinkers, become open minded.
- Students witnessed the exhibits of their fellow students and got diverse ideas and methods to create artworks.



Little Picasso Annual Art Competition 2109



Our Springdalian artists of grade 9 and 10 designed and created wonderful posters to celebrate Gandhi Jayanti on 2nd October to mark the 150th birth anniversary of Mahatma Gandhi

HIGHLIGHTS OF THE ACTIVITY:

- Students created wonderful artworks on the respective themes.
- Students learnt and grew with art, enhancing creativity, out of box thinking and imagination.
- Explored different aspects, mediums, styles of paintings.

- Students learnt how to become divergent thinkers, become open minded.
- Students witnessed the exhibits of their fellow students and got diverse ideas and methods to create artworks.

VALUES / POSITIVES LEARNT BY STUDENTS:

- Enhanced knowledge about art competitions done with different mediums on varied themes
- Opportunities for exploration and discovery.





Learing Ancient Egyptian art

Art is an essential aspect of any civilization. Springdalian Students of grade 8 created artworks depicting Ancient Egyptian civilization.

This art began in the Predynastic period in Egypt (c. 6000 - c. 3150 BCE) through images of animals, human beings, and supernatural figures inscribed on rock walls. These early images were crude in comparison to later developments but still express an important value of Egyptian cultural consciousness: balance.



ECO

One Child One Plant Campaign

"Faith plants the seed and love makes it grow"

CBSE believes that its students are the change makers. Hence, the Board has launched a massive tree plantation campaign called the CBSE- One Child, One Plant campaign. As part of this campaign, each student from all classes has to plant one sapling wherever convenient - at home or any local community. Once planted, they have to take care of the sapling they have planted.

As the world struggles with the consequences of global warming and climate change, every effort toward facilitating environmental protection is worthwhile. More so, whereas global and national macro-interventions are largely important, there is a need to support and promote micro-interventions that encourage the engagement of communities to promote environmental protection. It is vital that children are empowered to play their part in protecting the environment, by being good stewards and actively engaging in preserving our ecosystem.



Why do we keep it !

The event "Why do we keep it?" was organized by EEG where there was collection of old books (Reading books, textbooks, unused activity books) in good condition and donate it for a good cause.

There was also collection of recycled materials like paper, plastic etc. We were able to collect around 360 kg of paper and 50 kg of plastic for which Springdales School, Dubai

has received a Certificate of Appreciation for actively being a part of the campaign and helping in recycling purpose. For achieving this, our Senior School Eco Monitors went for a Whole school Campaign wherein they informed students about the importance of 3Rs and how they can actually implement it in their daily life.



Can collection Drive



Objective of the Drive:

- To instill in the students the importance of Aluminium as an important natural resource.
- To take future initiative of recycling materials for conservation of our resources which are slowly depleting due to over exploitation by man.

Aluminium is a metal that is strong, durable and is 100% recyclable and a precious resource that is easy to collect and store. Recycling aluminum saves natural resources and 95% of energy requirements for new production. Every year the Emirates Environmental Group (EEG) organizes the Can Collection Drive during the month of October and this year, our Eco Champions were actively involved in the drive that started from 2nd September and continued till 24th October, 2017. The focus for collection was basically

on Aluminium Cans as it is 100% recyclable and once collected they are send to the recycling factories located in different parts of UAE.

The initiative taken by the Eco Champions along with every member of our School has yielded positive results and the momentum has been felt by one and all. The collection for the Drive was 35 kilograms and this year we came up with only 13 kilograms which is highly low to achieve the minimum target. Hopefully, in the next year, the margin would touch the desired destination of 35 kilograms.

Hoping there will be more support and participation by every member (Students, Teaching and non-teaching staff) of the School next year with more zeal to reach the desired goal.

External Events

Khaleej Times Uni Expo Career Fair 2019



The Khaleej Times, United Arab Emirates' oldest English newspaper, hosted the UniExpo Dubai 2019, a higher education exposition and career fair, where over 40 international and local universities took part in this comprehensive two-day exhibition. Teachers, Counselors and Students from different institution had the opportunity to explore various options for higher education and interact directly with university representatives and counsellors, and stay up to date with all the latest market information.

Aims of the trip

- To allow students to meet and explore different universities
- To be able gain insight on the latest news on the educational background
- To provide the students with all the necessary information for a better and smooth process in university admission and requirements.

Background

Springdales School organized an educational trip for the grade 11 and 12 students on the 26th of September. They were accompanied by their class teachers as well as the career counselor. The students had the opportunity to meet and interact with different national and international universities and gain clarity on what each has to offer. Students spent around 2 hours going around and meeting universities and taking advantage of this opportunity for their own learning experience. Furthermore, few students also participated in a fun quiz completion with 2 other schools where at the end our students won the competition and prizes for themselves. Overall it was an insightful experience for our students and took back valuable information about higher education options.



Participation in Melange 2019



"Happiness lies in the joy of achievement and the thrill of creative effort". – Franklin D. Roosevelt.

As such an extremely joyous and proud moment for Springdales having won in several categories in the Inter School Competition "Melange" organized by Ambassador School, Dubai on the 21st of September, 2019. Springdales secured the first positions in Hindi Patriotic Song performed by students of Grade 7 & 8; First position in Collage Making Competition by students of Grade 7 & 8; First Prize in Contemporary Dance by Grade 2 & 3 students. Our very own William of Grade 8 secured the second position in Western Vocals Solo.

It was indeed a proud moment to witness our superstars receive the awards.



Participation in the 4th Tarteel Inter School Islamic Fest 2019

GULF ASIAN ENGLISH SCHOOL- Sharjah has organized 4th Tarteel inter School Islamic Fest 2019, on Tuesday, September 24, 2019 for boys and Wednesday, September 25, 2019 for girls. 25 schools across UAE have participated in this competition. Our 15 students have attended the Inter-School Islamic fest 2019, in both days. I trained them very well for Quran recitation and Elocution but the competition was very tough. Our expectation was very high that we would get some positions especially AZAN and Quran recitation, unfortunately, we did not get any winning position while we were much closed to it. I believe that our training for Quran recitation and other skills development will be beneficial for the students in their day today life application for ever. Our students received participation certificates, but they learned a lot from the competition and shared their feedback that winners they deserve it.

4th Tarteel Inter-School Islamic Fest 2019 was successful. It was based on different competitions, like The Holy Quran Memorization, The Holy Quran Recitation, Elocution, Azan and Nasheed. It was organized for boys and girls in different days. In each category, there were three sub-category, Sub-Junior, Junior and Senior. GAES has organized very well and provided good hospitality. They deserve a lot of thanks for giving us this chance.

This was very good experience for our students to learn, interact, explore opportunity for more experience as well. I would like to thank Admin and Principal for providing this opportunity.

Abul Qasim
Subject Leader



Brainsim 2019



On 23rd October 2019, six students from grade 12 were taken to S.P. Jain School of Global Management Dubai for Brainsim competition as they cleared the first round of competition online. Brainsim is one of the biggest simulation competition in UAE.

- The same activity was repeated for alternate batch
- Also there were two workshop for teachers on 'Emotional Intelligence' and 'The role of robots in future'.
- At the end there was prize distribution and closing ceremony.

Highlights of the event:-

- The registration started at 8:15 am followed by introductory session
- Business simulation game started immediately after that for first batch of students which went for 2.5 hours.
- The second batch of students attended the workshop on CV writing.

It was a great exposure and learning for our students. They got an opportunity to showcase their talent.

Written by-
Ms. Shilpa Chhugani

Perfomance by Springdalian at the KHDA on the occassion of UAE National Day



"Let freedom never perish in your hands and we believe that freedom and peace are indivisible"

Any country celebrating its national day gives massive importance to wishing each other in the true spirit of patriotism.

To celebrate the spirit of union on the occasion of 48th UAE National Day , KHDA had organized a cultural event at the KHDA Office, where different schools all over UAE were invited to perform and contribute their share of

happiness towards the occasion.

Springdales School Dubai was one of the school's who had participated and performed a breathtaking dance which was very well appreciated by all the dignitaries present.

We were also fortunate to share our gratitude towards Dr. Abdullah Al Karam who very graciously encouraged and motivated us.



Perfomance by Springdalians at the Indian Consulate's Indian Odyssey



"A nations culture reside in the hearts and soul of it's people" – Mahatma Gandhi.

Rightly so to celebrate the varied cultures that we have in India, The Consulate General Of India organized the "Indian Odyssey" where India's rich cultural mosaic was showcased through Dance Performances.

In Springdales School Dubai, we always encourage our students not only to be creative but also to be richly enhanced with their own cultural ethnicity.

Springdales School Dubai presented dances from the North Eastern region of India particularly Manipur and Assam, with the dance styles of Manipuri and Bihu.

The performances received high accolades from the esteemed guests present.

It was overall an enthralling experience for us.





MULTI-SENSORY CAMP 2019 IN SPRINGDALES, DUBAI

A Multi-Sensory Camp was organized by SAWA Unit on 14th September 2019 in Springdales School, Dubai for the Determined Learners of PRERANA. This camp was organized to connect Springdaliens with the Determined Learners from PRERANA as part of the community outreach. The Indian Counsul General, Mr. Vipul was the Guest of Honour. Our Principal, Mr. Julian Williams, Ms. Jasmine Anand graced the occasion with their presence. The Head Primary, Middle School and Secondary, Teacher Inclusion Champion, Parent Inclusion Champion were present too.

PRERANA is the cultural wing of Indian Consulate which is an initiative to support the parents of Determined Learners. Springdales invited the Determined Learners to a series of student-led activities showcasing our inclusion "Best Practice" in learning. The SAWA Unit in collaboration with Mr. Felipe (ICT) & Mr. Alok (Music) had organized 5 stations, Robotics, Virtual Reality, Sensory Path Challenge, Communication Hub & Music. The Determined Learners from PRERANA were encouraged and assisted by our student volunteers to participate and enjoy the activities. They had fun taking pictures with various props in the Photo Booth. There was a relax corner set-up for the tired ones. Transport and Breakfast was arranged by Springdales.

This collaboration with PRERANA an initiative by SAWA Unit was only possible with the Support of Mr. Zubair, Mr. Joseph and all the student volunteers.









www.springdalesdubai.com



Quintessentially Indian; Innovatively International

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